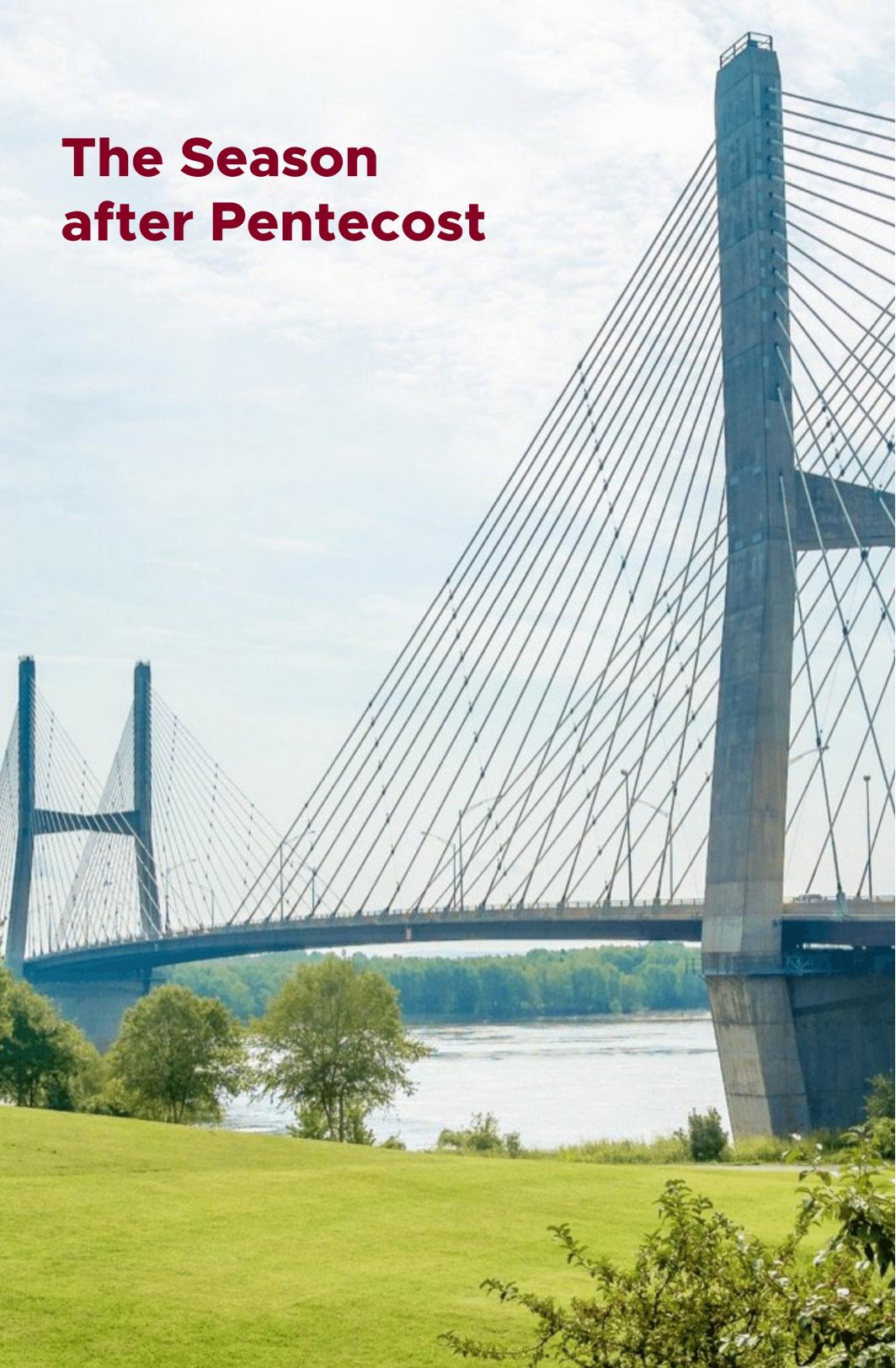


The Season after Pentecost





*We are a community forgiven and loved by God,
joyfully called to the work of reconciliation.*

christchurchcape.org

Welcome to Christ Church!

We are so glad you have joined us for worship this morning. As we continue to recover from the recent COVID-19 pandemic, here are a few important guidelines for in-person services:

- Masks continue to be required for all indoor gatherings at this time.
- Social distancing is recommended between cohorts. Cohorts are family members and/or friends who agree to share close proximity.
- No one should sit directly behind anyone else unless they are part of the same cohort.
- Distance between cohorts should be maintained as much as possible.
- It is each parishioner's responsibility to follow social distancing guidelines, taking into consideration other parishioners' safety and level of comfort.

Gathering

Prelude

Mary Miller, Organist

"Prelude in C"

J.S. Bach

Processional Hymn

#400 All Creatures of Our God and King

(See bulletin p.14)

All standing, the Celebrant says:

Celebrant: **+** Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever.
Amen.**

Opening Collect

BCP, p.355

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria

WLP #900 Glory to God

(See bulletin p.15)

Collect of the Day

BCP, p.231

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray:

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things

temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

The Readings

The First Reading

2 Samuel 11:1-15

In the spring of the year, the time when kings go out to battle, David sent Joab with his officers and all Israel with him; they ravaged the Ammonites, and besieged Rabbah. But David remained at Jerusalem. It happened, late one afternoon, when David rose from his couch and was walking about on the roof of the king's house, that he saw from the roof a woman bathing; the woman was very beautiful. David sent someone to inquire about the woman. It was reported, "This is Bathsheba daughter of Eliam, the wife of Uriah the Hittite." So David sent messengers to get her, and she came to him, and he lay with her. (Now she was purifying herself after her period.) Then she returned to her house. The woman conceived; and she sent and told David, "I am pregnant."

So David sent word to Joab, "Send me Uriah the Hittite." And Joab sent Uriah to David. When Uriah came to him, David asked how Joab and the people fared, and how the war was going. Then David said to Uriah, "Go down to your house, and wash your feet." Uriah went out of the king's house, and there followed him a present from the king. But Uriah slept at the entrance of the king's house with all the servants of his lord, and did not go down to his house. When they told David, "Uriah did not go down to his house," David said to Uriah, "You have just come from a journey. Why did you not go down to your house?" Uriah said to David, "The ark and Israel and Judah remain in booths; and my lord Joab and the servants of my lord are camping in the open field; shall I then go to my house, to eat and to drink, and to lie with my wife? As you live, and as your soul lives, I will not do such a thing." Then David said to Uriah, "Remain here today also, and tomorrow I will send you back." So Uriah remained in Jerusalem that day. On the next day, David invited him to eat and drink in his presence and made him drunk; and in the evening he went out to lie on his couch with the servants of his lord, but he did not go down to his house.

In the morning David wrote a letter to Joab, and sent it by the hand of Uriah. In the letter he wrote, "Set Uriah in the forefront of the hardest

fighting, and then draw back from him, so that he may be struck down and die.”

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Psalm of Response

Psalm 14

- 1 **T**he fool has said in his heart, “There is no God.” *
All are corrupt and commit abominable acts;
there is none who does any good.
- 2 The LORD looks down from heaven upon us all, *
to see if there is any who is wise,
if there is one who seeks after God.
- 3 Every one has proved faithless;
all alike have turned bad; *
there is none who does good; no, not one.
- 4 Have they no knowledge, all those evildoers *
who eat up my people like bread
and do not call upon the LORD?
- 5 See how they tremble with fear, *
because God is in the company of the righteous.
- 6 Their aim is to confound the plans of the afflicted, *
but the LORD is their refuge.
- 7 Oh, that Israel’s deliverance would come out of Zion! *
when the LORD restores the fortunes of his people,
Jacob will rejoice and Israel be glad.

The Second Reading

Ephesians 3:14-21

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what

is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Reader: The Word of the Lord.

People: Thanks be to God.

Gospel Hymn

#384 Fairest Lord Jesus

(See bulletin p.16)

The Gospel

John 6:1-21



Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

***People:* Glory to you, Lord Christ.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of

the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Celebrant: The Gospel of the Lord.

***People:* Praise to you, Lord Christ.**

Sermon

Rev. Jay Kanzler

Affirmation of Faith

Celebrant: Let us affirm our faith: Do you believe in God?

***People:* We believe in God the Father almighty,
Creator of heaven and earth.**

Celebrant: Do you believe in Jesus Christ?

***People:* We believe in Jesus Christ,
God's only Son, our Lord,
who was conceived by the power
of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God.
He will come again to judge
the living and the dead.**

Celebrant: Do you believe in the Holy Spirit?

***People:* We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Celebrant: May Almighty God, who has given us a new birth by water and the Holy Spirit, bestowed upon us the forgiveness of sins, and called us to ministry in Jesus Christ, keep us in eternal life by his grace; through Christ our Lord. **Amen.**

The Prayers of the People

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the ends of the earth. (Acts 1:8)

Celebrant: Let us offer our prayers and petitions to Almighty God.

Reader: Engage us O God in the renewal of this Diocese towards your Christ-centered vision. Help us to realize that we are bound one to another in our common life and ministry. Spirit of God;

***People:* We are listening.**

Reader: Empower us, O God, to energize the ministry of all the baptized, making our communities of faith healthy and holy places of your presence that reach out in compassion and hope in Christ's name. Spirit of God;

***People:* We are listening.**

Reader: Unite us, O God, to be compassionate and not competitive, to be consoling and not controlling, to be faithful and not fearful as we continue to build relationships in communities centered on the vision of your reign. Spirit of God;

***People:* We are listening.**

Reader: Guide us, O God, to be responsible stewards here on earth, to prophetically witness to your reign. We pray especially for members of the United Nations, for Joseph, our President, for Michael, our Governor, Robert, our Mayor, and other civic leaders, that they may do justice and love mercy. Spirit of God;

People: **We are listening.**

Reader: Deliver us, O God, from mistrust of one another and the misuse of our gifts. Help us to see in our worshipping communities, large and small, growing and struggling your grace and promise. Spirit of God;

People: **We are listening.**

Reader: Heal us, O God, in our communities, our families, and in the hidden places in our hearts. We pray for those in this community who are ill or in any kind of need, especially _____. Give us the courage and the grace to be your presence among them. Spirit of God;

People: **We are listening.**

Reader: Comfort us, O God, as we remember all those saints who have gone before us in light and have finished their course in faith. Give to the departed the comfort of your promise and presence, especially _____. Spirit of God;

People: **We are listening.**

Reader: Support us, O God, as we support each other, particularly in Justin the Archbishop of Canterbury, Michael our Presiding Bishop; Deon, our Bishop; Annette, our priest; and all who minister in witness in your Church. Spirit of God;

People: **We are listening.**

Reader: Teach us, O God, as we journey through the Christian life to continually engage each other, young and old, in the spiritual formation, discernment, discipleship and stewardship. Spirit of God;

People: **We are listening.**

Celebrant: O God our help in ages past, our hope for years to come: You have journeyed with your people Israel and we pray you, journey with us now, in this time of dreaming, daring and doing. Walk beside us on the road that is ahead, calm our fears, awaken our hope, and open our hearts, as together we seek your guidance. Inspire us to discern your will for the Diocese of Missouri. May we put our whole trust in you as we look to Christ, the great shepherd of our souls; who together with the Holy Spirit is alive and reigns now and forever. **Amen.**

The Confession

Celebrant: Let us confess our sins against God and our neighbor.

Silence may be kept.

All: **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,

have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Celebrant: + Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

We greet each other in the name of the risen Christ.

The Offering

Here at Christ Church, we consider gratitude and generosity to be spiritual disciplines. While some of us still can't be together to pass the collection plate to one another in person, we encourage you to offer your gifts and service in any way that makes the most sense to you.

If you are worshiping with us online, [click here](#) to contribute to our ongoing ministry.

The plate offering for the first Sunday of each month is dedicated to the Rector's Discretionary Fund.

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. (Ephesians 5:2)

Offertory Hymn

#304 I Come with Joy to Meet My Lord

(See bulletin p.17)

Holy Communion

The Great Thanksgiving

The People remain standing.

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus

(See bulletin p.18)

The people stand or kneel. The Celebrant continues:

Celebrant: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

“Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

And so, remembering all that was done for us: The cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Celebrant: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

All: Blessed are you now and for ever. Amen.

The Lord's Prayer

Celebrant: As our Savior Christ has taught us, we now pray:

**People: Our Father, who art in heaven,
hallowed by thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
forever and ever. Amen.**

The Breaking of the Bread

A period of silence is kept.

Celebrant: Alleluia! Christ our Passover is sacrificed for us;

***People:* Therefore let us keep the feast. Alleluia!**

Fraction Anthem

(See bulletin p.18)

Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn

#325 Let Us Break Bread Together

(See bulletin p.19)

Prayer for Spiritual Communion *St. Augustine's Prayer Book, p.192*

Celebrant: Blessed Jesus, we believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our heart, soul, and mind. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. ***Amen.***

Prayer after Communion

After communion, the Celebrant says:

Celebrant: Let us pray:

***All:* Eternal God, heavenly Father,
You have graciously accepted us
as living members of your Son**

**our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Sung Benediction

(See bulletin p.20)

"Send Us Now Into the World in Peace"

Richard Michael Joseph

The Blessing

Celebrant: May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, + the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Announcements

(See bulletin p.22)

For more information about upcoming events at Christ Church and in the broader Cape Girardeau community, [click here](#) to sign up for our weekly email newsletter, or visit us online at christchurchcape.org.

Recessional Hymn

#472 Hope of the World, Thou Christ

(See bulletin p.21)

Dismissal

Celebrant: Let us go forth in the name of Christ. *Alleluia! Alleluia!*

***People:* Thanks be to God. Alleluia! Alleluia!**

Postlude

Mary Miller, Organist

"Praeludium"

J.S. Bach



- 1 All crea-tures of our God and King, lift up your voic - es, let us
 * 2 Great rush - ing winds and breez - es soft, you cloudsthat ride the heavens a -
 * 3 Swift flow - ing wa - ter, pure and clear, make mu - sic for your Lord to
 4 Dear mo - ther earth, you day by day un - fold your bless-ings on our
 5 All you with mer - cy in your heart, for - giv - ing o - thers, take your
 * 6 And e - ven you, most gen - tle death, wait - ing to hush our fi - nal
 7 Let all things their cre - a - tor bless, and wor - ship him in hum - ble -



- 1 sing: Al - le - lu - ia, al - le - lu - ia! Bright burn - ing
 2 loft, O ___ praise him, Al - le - lu - ia! Fair ris - ing
 3 hear, Al - le - lu - ia, al - le - lu - ia! Fire, so in -
 4 way, O ___ praise him, Al - le - lu - ia! All flowers and
 5 part, O ___ sing now: Al - le - lu - ia! All you that
 6 breath, O ___ praise him, Al - le - lu - ia! You lead back
 7 ness, O ___ praise him, Al - le - lu - ia! Praise God the



- 1 sun with gold - en beams, pale sil - ver moon that gen - tly gleams,
 2 morn, with praise re - joice, stars night - ly shin - ing, find a voice,
 3 tense and fierce - ly bright, you give to us both warmth and light,
 4 fruits that in you grow, let them his glo - ry al - so show:
 5 pain and sor - row bear, praise God, and cast on him your care:
 6 home the child of God, for Christ our Lord that way has trod:
 7 Fa - ther, praise the Son, and praise the Spi - rit, Three in One:

Refrain

O praise him, O praise him, Al - le - lu - ia,



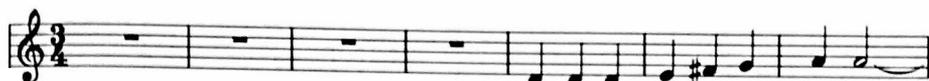
al - le - lu - ia, al - le - lu - ia!

The refrain may be sung antiphonally, by phrase; all join in the final Alleluia.

Words: Francis of Assisi (1182-1226); tr. William H. Draper (1855-1933), alt.

Music: *Lass uns erfreuen*, melody from *Auserlesene Catholische Geistliche Kirchengeseng*, 1623;
 adapt. Ralph Vaughan Williams (1872-1958)

88. 44. 88 with Refrain



Glo-ry to God in the high-est, —



— and peace to his peo-ple on earth. — Lord God,



heav'n - ly King, al - migh - ty God and Fa - ther, — we wor - ship



you, we give you thanks, we praise you for your glo-ry. —

(♩ = ♩. of preceding – same beat as before, not slower)

Fa - ther, —



Lord Je - sus Christ, — on - ly Son of the Fa - ther,
Fa - ther, —



(♩ = ♩. of preceding – same beat as before, not slower)

Fa - ther, —



Lord God, Lamb of God, you take a - way the sin of the



world: — have mer - cy on us; — you are seat - ed at the right



hand of the Fa - ther: re - ceive our prayer. For
 Fa - ther: re - ceive
 Fa - ther: re - ceive

you a - lone are the Ho - ly One, you a - lone are the

Lord, you a - lone are the Most High,

Je - sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - men.

Setting: John Rutter (b. 1945)
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Fairest Lord Jesus

1 Fair - est Lord Je - sus, Ru - ler of all na - ture, O thou of
 2 Fair are the mea - dows, fair - er still the wood - lands, robed in the
 3 Fair is the sun - shine, fair - er still the moon - light, and all the

God and man the Son; thee will I cher - ish,
 bloom - ing garb of spring: Je - sus is fair - er,
 twink - ling, star - ry host: Je - sus shines bright - er,

thee will I hon - or, thou, my soul's glo - ry, joy, and crown.
 Je - sus is pur - er, who makes the woe - ful heart to sing.
 Je - sus shines pur - er, than all the an - gels heaven can boast.

Words: German composite; tr. pub. New York, 1850, alt.

Music: *St. Elizabeth*, melody from *Schlesische Volkslieder*, 1842; harm. Thomas Tertius Noble (1867-1953)

568. 558

304

I Come with Joy to Meet My Lord

Unison or harmony

1 I come with joy to meet my Lord, for -
 2 I come with Chris - tians far and near to
 3 As Christ breaks bread and bids us share, each
 4 And thus with joy we meet our Lord. His
 5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der
 2 find, as all are fed, the new com - mu - ni -
 3 proud di - vi - sion ends. That love that made us
 4 pres - ence, al - ways near, is in such friend - ship
 5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.
 2 ty of love in Christ's com - mun - ion bread.
 3 makes us one, and stran - gers now are friends.
 4 bet - ter known: we see and praise him here.
 5 in the world we'll live and speak his praise.

Words: Brian A. Wren (b. 1936), alt.

Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983)

CM

Words: Copyright © 1971 by Hope Publishing Company. All Rights Reserved. Used by Permission.

Sanctus

Ho - ly, ho - ly, ho - ly Lord.
 God of pow - er and might, hea - ven and earth are full of your glo - ry. Ho -
 Blessed is the one
 - san - na in the high - est. Bless - ed is he who comes in the
 name of the Lord. Ho - san - na in the high - est.

Setting: Susan Calvin Fletcher © 2002 Susan Calvin Fletcher.
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Composer Tempo ♩ = 120

Agnus Dei

Lamb of God, you take a-way the sins of the world: have mer - cy on us.
 Lamb of God, you take a-way the sins of the world: have mer - cy on us.
 Lamb of God, you take a-way the sins of the world: grant us peace.

Setting: Susan Calvin Fletcher © 2002 Susan Calvin Fletcher.
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1 Let us break bread to - geth-er on our knees; _____
 2 Let us drink wine to - geth-er on our knees; _____

let us break bread to - geth-er on our knees; _____
 let us drink wine to - geth-er on our knees; _____

Refrain

when I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer - cy on me. _____

3 Let us praise God to - geth-er on our knees; _____

let us praise God to - geth-er on our knees; _____

Refrain

when I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer - cy on me. _____

Words: Afro-American spiritual

Music: *Let Us Break Bread*, Afro-American spiritual; arr. David Hurd (b. 1950)

10 10 with Refrain

Send Us Now into the World in Peace

Book of Common Prayer

Richard Michael Joseph

The musical score is written for voice and piano. It consists of four systems of music. Each system has a vocal line on a single treble clef staff and a piano accompaniment on two staves (treble and bass clefs). The time signature is 3/8, and the key signature is one flat (B-flat). The lyrics are: "Send us now in - to the world in peace, and grant us strength and cour - age to love and serve you with glad - ness and sin - gle - ness of heart through Christ our Lord, A - men, A - men, A - men." The score includes various musical notations such as notes, rests, accidentals, and dynamic markings.

Send us now in - to the world in peace, and

grant us strength and cour - age to love and serve you with

glad - ness and sin - gle - ness of heart through Christ our

Lord, A - men, A - men, A - men.



1 Hope of the world, thou Christ of great com - pas - sion,
 2 Hope of the world, God's gift from high - est hea - ven,
 3 Hope of the world, a - foot on dust - y high - ways,
 4 Hope of the world, who by thy cross didst save us
 5 Hope of the world, O Christ, o'er death vic - to - rious,



1 speak to our fear - ful hearts by con - flict rent.
 2 bring - ing to hun - gry souls the bread of life,
 3 show - ing to wan - dering souls the path of light,
 4 from death and dark de - spair, from sin and guilt,
 5 who by this sign didst con - quer grief and pain,



1 Save us, thy peo - ple, from con - sum - ing pas - sion,
 2 still let thy Spi - rit un - to us be giv - en
 3 walk thou be - side us lest the tempt - ing by - ways
 4 we rend - er back the love thy mer - cy gave us;
 5 we would be faith - ful to thy gos - pel glo - rious;



1 who by our own false hopes and aims are spent.
 2 to heal earth's wounds and end her bit - ter strife.
 3 lure us a - way from thee to end - less night.
 4 take thou our lives, and use them as thou wilt.
 5 thou art our Lord! Thou dost for ev - er reign!

Words: Georgia Harkness (1891-1974)

Music: *Donne secours*, melody from *Trente quatre psaumes de David*, 1551

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Announcements

For more information about upcoming events at Christ Church and in the broader Cape Girardeau community, [click here](#) to sign up for our weekly email newsletter, or visit us online at christchurchcape.org.

Contact Tracing Check-In

Please remember to check in with the CEC host each Sunday so that we can get an accurate record of everyone attending church at this time. In case of a COVID-19 outbreak, this information will be used to track down anyone who may have been exposed to the virus.

Centering Prayer

Every Saturday morning at 8:30 a.m. in the CEC Sanctuary.

Evening Prayer

Every Wednesday evening at 5:30 p.m. in the CEC Sanctuary. Sign up to help with our Evening Prayer service rotation by visiting our website or by contacting the office through our weekly email newsletter.

Lay-Led Pastoral Care Team

Christ Church now has an enthusiastic lay pastoral care group that attends to the spiritual and emotional needs of CEC parishioners. They meet on the second Thursday of each month at different locations throughout Cape. Sign up for our weekly newsletter to learn more about how to get involved, or contact Gloria Miller at gnwmiller@yahoo.com.

PFLAG Support

The PFLAG Support Group meets on the third Sunday of each month. Email pflagcape@gmail.com for more details about how to get involved.

VBS Planning Meeting

The VBS team will meet in the CEC Parish Hall on August 3 at 6 p.m. for one last walkthrough before VBS starts on August 9.

CEC Vestry Meeting

Vestry meets on the third Tuesday of every month at 5:30 p.m. in the Parish Hall. All regular CEC attenders are welcome at these meetings.

Community Supper: July 25 (*Hey...that's today!*)

CEC's Community Suppers continue to be take-out only for the time being. This evening's community supper is being prepared by Cheryl

and Dan Essner. Contact clessner@semo.edu to find out how you can get involved.

Spread Hope Now School Supply Giveaway

Christ Church has been invited to help out with Spread Hope Now's annual school supply giveaway on Saturday, Aug. 7, from 10 a.m. - 12 p.m. at Malone Park in Sikeston. We have committed to donating 100 boxes of 10-pack Crayola markers (\$0.98 each at Walmart). Visit <https://bit.ly/3jxcWxR> to purchase the exact markers we need directly from the Walmart website.

#VBS2021: S.P.Y. Parables

Join Christ Church Cape from 6 - 8 p.m. on Aug. 9 - 13 for *S.P.Y. Parables*: An interactive VBS program about a **S**eed, a **P**earl, and **Y**east! Contact Rev. Annette (rector@christchurchcape.org) for more details about how to register your kiddo, or to volunteer with the program.

South Convocation Listening Session

The Diocese of Missouri will be hosting a listening session for churches in the South Convocation on Sunday, Aug. 8, at 1 p.m. on Zoom. The session will give members of churches in the South Convocation an opportunity to hear about and respond to the initiatives that the Strategic Visioning Committee plans to recommend to the Diocese.

July 2021 Birthdays

- Harlie Waldon (July 1)
- Karen Cain (July 5)
- Judi Naeter (July 17)
- Matthew Heisserer-Miller (July 19)
- Dan Essner (July 27)

Servers This Week

Priest-in-Charge
Celebrant/Preacher
Eucharistic Minister
Reader
Host
Altar Guild
Organist
St. Isidore's Guild
Vestry Counter

Rev. Annette Joseph
Rev. Jay Kanzler
Kent Miller
Sheila Thiele
Monica Waldon
Mary Alice Regenhardt
Mary Miller
Matthew Heisserer-Miller
Cheryl Essner

Notes on the Service

Ninth Sunday after Pentecost

2 Sam. 11:1-15 • Ps. 14 • Eph. 3:14-21 • John 6:1-21

Except in churches named St. James the Greater, the feast of the apostle and martyr is deferred to a later weekday. Today's collect, from an 8th-century book, asks that we may so pass through things temporal that we lose not things eternal. David should have offered such a prayer.

The epic of David has from shepherd boy to this point recorded almost unbroken success. Now, so secure has he become in his kingship that David no longer goes out to lead his army in battles but rather lies about his palace and dispatches Joab and the ark to fight. Because he sends others on his errands, his adultery with Bathsheba will be known. The account of it leaps from their assignation (right after her period so the child could not be Uriah's) to her sending word to David that she is pregnant, the only word she speaks in this story. Her husband, a foreigner, is to an almost-comic degree the Loyal Soldier of Israel, whom the King betrays. Ordered to set up the death of Uriah, Joab causes other collateral deaths, the first of many fatal consequences of David's sin. No judgment is passed, however, in this part of the story. Outrage will be Nathan's portion next Sunday.

The foolishness of the fool in Psalm 14 is not philosophic error, but rather the moral error of thinking one can sin with impunity. Because Hebrew authors thought in practical, not abstract, terms, atheism was not theoretical denial of God's existence but evil conduct which defied Divinity, such as David's adultery and murder. The addition of v 7 widens the psalm's perspective from a gang of evildoers to all Israel. An almost-identical poem with a different name for God is Psalm 53.

The epistle has been giving thanks for the reconciliation of gentiles and Jews in Christ. Now kneeling, the author prays for the Ephesians' ability to grasp the extent of God's love. He closes with an eloquent doxology.

Gospel readings leave Mark today. Through August they will be instead from John's long Chapter 6 about the Bread of Life. It opens with John's report of the one miracle which appears in every Gospel, the feeding of a crowd in the desert. Unique to John's account are his calling the Sea of Galilee the Sea of Tiberias, the dating the event at a Passover, the singling out Philip and Andrew, the lad with barley loaves, the attempt of the crowd on that occasion to make Jesus a king. When the crowd call Jesus "the prophet which is to come..." they are drawing on a wide-spread expectation that a prophet like Moses would appear. Their expectation was based on Deut. 18 where Moses says, "...God will raise up a prophet like me from among you." Like Moses, Jesus feeds crowds in the wilderness, speaks from a mountain, and walks through the sea.

Rev. Stephen Weissman
Saint Louis, Missouri